

ENGLISH

Text Book:

1. My Canvas- Course Book-4 (Pearson)
2. My Canvas - Workbook-4 (Pearson)
3. Revised Cornerstone- Grammar and Composition Skills 4 (Longman Pearson)
4. Heidi- English Supplementary (Pearson)

Term	Main Course Book	Grammar	Activities
Term – I April to Sept	Previous Knowledge 1. The River Bank 2. Poem - The Champa Flower 3. The Way Animals Talk 4. How I Taught My Grandmother to Read 5. Poem - How the Little Kite Learned to Fly Work Book : Theme -1 6. Wonderful Kalam Work Book : Theme -2 7. 'Bravo! Amir Agha!' Work Book : Theme -3	The Sentence; Subject and Predicate Kinds of Sentences , Nouns: (Kinds , Number , Gender) Kinds of Adjectives Degrees of Comparison, Articles, One- Word Substitution Punctuation Tenses: Simple Present, Past, Future Short Composition: Notices , Extended Composition : Informal Letters Creative Writing with hints	Literary Week Fun with numerous word games Making a poster with different emoticons showing different emotions Taking message while talking over the phone Listening Skill (To test the ability to listen and comprehend) Reading Skill (To test the ability to read and comprehend)
Term – II Oct. to Mar	8. Poem - These Simple Things Work Book : Theme -4 9. La Tomatina Work Book : Theme -5 10. A Strange Case 11. Poem - Thomas Alva Edison 12. Global 'Warning!' 13. The Tunnel 14. Dances of India 15. Androcles and the Lion	Adverbs , Types of Adverbs, Homophones, Pronouns Verbs & Subject- Verb Agreement, Prepositions , Conjunctions Tenses: Present, Past, Future Continuous Short Composition : Message Writing Extended Composition : Formal Letter Picture Composition	Role Play Group Discussion Asking for Permission Extempore (Speaking for 1-2 min) on a given topic Listening Skill (To test the ability to listen and comprehend) Reading Skill (To test the ability to read and comprehend)

NOTE: Related Worksheets on different topics will be given from time to time.

Learning Objectives:

1. To help children & add new words to their vocabulary
2. To help them learn & write correct spelling of the words
3. To help them understand simple spoken English
4. To improve their handwriting

Evaluation:

Evaluation will be done on the basis of :

1. Regular class assignments and assessments taken
2. Formative and Summative Assessments
3. Participation in classroom and other activities
4. Expressions, fluency & pronunciation while reading & reciting poems

Suggestions to Parents:

1. Converse in English with your child.
2. Encourage your child to read story books& newspaper in English.
3. Grammar exercises should be practiced daily.

हिंदी पाठ्यक्रम

पाठ्य पुस्तकें : खुलते पंख (पी. पी. पब्लिकेशन)
कार्य-पत्रिका खुलते पंख (पी. पी. पब्लिकेशन)

३. नवीन शिक्षार्थी (व्याकरण)
४. नवीन शिक्षार्थी (व्याकरण ,कार्य - पत्रिका)

सत्र	पाठ्य- पुस्तक	कार्य - पत्रिका	व्याकरण	गतिविधियाँ
प्रथम अप्रैल- सितंबर	पाठ-१ सूरज का गोला (कविता) पाठ-२ अनमोल रस्सी पाठ- ३ युवक का हठ पाठ-४ पानी की खोज पाठ -६ मेरा प्रयोग कम करो पाठ -५ मन करता है (कविता) पाठ -७ दो बैलों की कथा पाठ -८ पंचमढी * अब मैं समझा (पठन हेतु) * कल की दुनिया (पठन हेतु)	पाठ-१ सूरज का गोला (कविता) पाठ-२ अनमोल रस्सी पाठ- ३ युवक का हठ पाठ-४ पानी की खोज पाठ -६ मेरा प्रयोग कम करो पाठ -५ मन करता है (कविता) पाठ -७ दो बैलों की कथा पाठ -८ पंचमढी	विलोम , संज्ञा , विराम चिह्न, अनेक शब्दों के लिए एक शब्द, पर्यायवाची, भाषा और व्याकरण, लिंग, विशेषण - विशेष्य, पत्र	रचनात्मक कार्य , अपठित गद्यांश ,कविता याद करना और सुनाना , चित्र बनाना
द्वितीय अक्टूबर-मार्च	पाठ -६ पतंग (कविता) पाठ -१० ज्योतिषी गधा पाठ - ११ ऐसे थे नेहरू जी	पाठ -६ पतंग (कविता) पाठ -१० ज्योतिषी गधा पाठ - ११ ऐसे थे नेहरू जी	मुहावर, सर्वनाम, क्रिया, विशेषण, वचन, प्रत्यय	

<p>पाठ -१२ मैं कर सकता हूँ</p> <p>पाठ -१३ धूप (कविता)</p> <p>पाठ-१४ क्रिसमस</p> <p>पाठ -१५ बच्चों का चमत्कार</p> <p>पाठ -१६ कल्पना चावला</p> <p>* पोशाक का अधिकारी (पठन हेतु)</p> <p>* हे जननी (पठन हेतु)</p>	<p>पाठ -१२ मैं कर सकता हूँ</p> <p>पाठ -१३ धूप (कविता)</p> <p>पाठ-१४ क्रिसमस</p> <p>पाठ -१५ बच्चों का चमत्कार</p> <p>पाठ -१६ कल्पना चावला</p>	<p>समानार्थी शब्द, लिंग बदलो,</p> <p>क्रिया - विशेषण</p>	<p>अपठित गद्यांश , अपठित पद्यांश, रचनात्मक कार्य , चित्र बनाना, कहानी बनाना निबंध</p>
---	--	--	---

नोट : १. किसी भी सत्र में परिस्थिति के अनुसार पाठ्यक्रम में परिवर्तन आ सकता है ।

२. परीक्षा में किसी भी विषय पर निबंध, पत्र और कहानी आ सकते हैं ।

शिक्षण उद्देश्य :

१. छात्रों की कल्पनाशीलता को विकसित करना ।

२. भाषा कोश में वृद्धि करना ।

अभिभावकों के लिए सुझाव :

१. छात्रों की उत्तरपुस्तिका की नियमित जांच करे ।

२. शब्दकोश पठन के लिए प्रेरित करें ।

MATHS

Text Book: Mathematics-4 (BBPS Training Centre)

Term	Lesson/ Topic	Sub-Topic	Manual Activities / Mental Maths	Material required
Term – I April to Sept	Recapitulation Place Value and Numbers Addition and Subtraction	a) Numbers upto lakhs b) Reading and writing 5 and 6 digit numbers c) Relation between different places d) Place value and Face value e) Comparing and Ordering Numbers f) Forming Numbers a) Addition of Large Numbers b) Properties of addition c) Subtraction d) Properties of subtraction e) Word problems of addition and subtraction	Forming Numbers To unwrap magic squares by using four mathematical operations	a) Slips of paper b) Box Colour pencils

	<p>Measurement</p> <p>Time</p> <p>Multiplication</p> <p>Perimeter</p> <p>Tables 9 to 15</p>	<p>a) Conversion of units of length</p> <p>b) Measurement of weight</p> <p>c) Grams and milligrams</p> <p>d) Addition of capacity</p> <p>a) Converting 12 hour time to 24 hour time</p> <p>a) Converting 24 hour time to 12 hour time</p> <p>a) Properties of Multiplication</p> <p>b) Multiplication by 10, 100, 1000</p> <p>c) Multiplication by 2 digit number</p> <p>d) Lattice Multiplication</p> <p>e) Problem sums of multiplication</p> <p>a) Perimeter of regular figures</p>	<p>To find day of week after certain period of time</p> <p>To find patterns in tables</p>	<p>Calender of current year</p> <p>Colour Pencils</p>
<p>Term – II</p> <p>Oct to March</p>	<p>Geometry</p> <p>Fractions</p>	<p>a) Point, Line Segment, Line and Ray</p> <p>b) Measuring a Line Segment</p> <p>c) Open and Closed Curves</p> <p>d) Polygons</p> <p>e) Classification of Polygons</p> <p>f) Circle</p> <p>g) Circumference</p> <p>a) Equivalent fractions</p> <p>b) Fractions with same denominator</p> <p>c) Types of fractions</p> <p>d) Comparing and ordering fractions</p> <p>e) Addition and subtraction of fractions</p> <p>f) Fraction of Collection</p>	<p>To find centre of a circle with the help of paper folding and find relation between diameter and radius</p> <p>To compare fractions</p>	<p>Origami sheets, Scissors, Scale, Circular Object, Colour Pencils, Fevicol, String</p> <p>a) 4 equal cut off of a circle of size of bangle</p> <p>d) Ruler</p> <p>c) Colour Pencils</p>

	Division	a) Relation between multiplication and division b) Properties of division c) Division by 1 and 2 digit numbers d) Relation between dividend, divisor, quotient and remainder e) Problem sums of division	Bingo game	Grid paper of 3 X 3
	Data Handling	a) Collection of data b) Reading of Pictograph	To find common multiples of given numbers	a) Number grid b) Colour pencils
	Multiples & Factors	a) Multiples b) Common Multiples c) Factors d) Common Factors		
	Symmetry & Patterns	a) Symmetry b) Mirror image & reflection c) Patterns d) Tessellation	Folding paper to obtain multiple lines of symmetry	a) Square paper b) Circular paper
	Tables 12 to 20			

Learning Objectives:

1. To ensure a complete understanding of each topic taught in the class.
2. To develop in the students an increasing understanding of the nature of the mathematics reasoning.
3. To improve the power to think & work in an organized manner.

Evaluation:

1. Students will be given sums for practice.
2. Surprise tests will be conducted to evaluate student's caliber.
3. Regular oral tests on tables will be conducted.

Suggestions to the Parents:

1. Encourage the child to revise everyday's work regularly.
2. Time management exercises can be given to make them able to complete the given assignment within a given time.

SCIENCE

Text Book: Science Magic- Book 4 (Ratna Sagar)

Term	Lesson/ Topic	Sub-Topic	Activity/ Manual
Term-I April to Sept	Previous Knowledge		
	1. Food and Digestion	Digestion, Eating Well, Cooking Food, Things to remember while cooking, Food Preservation	Make balanced diet pyramid Activity on healthy nutritious yogurt
	2. Teeth and Microbes	Teeth , Two sets of teeth, Parts of tooth, Structure of a tooth, Kind of teeth, Proper care of teeth, Microbes, Kinds of Microbes	Collect wrappers of different kinds of toothpastes, paste them in your scrapbook. (Visit a Dentist)
	3. Safety First	Safety at home/ on the road, First aid	Role Play- How to use first aid kit
	4. The Right Clothes to wear	Material for clothes, Types of clothes, Care of clothes	Make a chart of types of clothes
	5. Solid, Liquid and Gases	Solids, Liquids, Gases, Dissolved solids generally separate as crystals from solution, gases dissolve in liquids, Physical and Chemical changes	Experiment : To show that water contains air
	6. Plants: Preparing and Storing Food	Food for plants, Parts of a leaf, How do plants use their food?, Starch test, Non green plants, Energy flow in living things, Balance in nature	Experiment : To prove that sunlight is needed for photosynthesis
	7.Plants:Living and Surviving	Terrestrial Plants,Aquatic plants,Other plants,Plants of grass family, Some unusual plants, Classification of Plants according to their habitat	Collect and Study few water plants.Find out the special features of their leaves and stems.
Term -II Oct to March	8.Animals:How life goes on	Mammals,Animals that lay eggs,Structure of an egg,Different stages of a growing embryo	Lab Activity-Observe the life cycle of insects.
	9.Animals:Living and Surviving	Adaptation according to the environment,Adaptation according to the food habits,Adaptation for protection,Extinct Animals	Make a list of at least three extinct animals and their habitat.
	10.Force,Friction,Work and Energy	Force,Work,machines,Energy,Kinds of Energy	Make your own Solar box
	11.The Earth and its neighbour	Star and planets,Moons or Satellites,Space probes,The Earth,Movements of the earth,The Seasons.	Make a model of saptrishi or Orion Constellation

	12. Air, water and weather	Effect of heat on land and water, Land and sea breezes, Sea Breezes, Land breeze, Characteristics of hot & cold air, Evaporation causes changes in weather, Condensation, Humidity, Water, Purification of water, Water pollution.	Experiment: To prove that air contains water vapour
	13. A Clean World	Pollution, Make your compost at home, Conservation of the environment, Reuse & Recycle	Make a list of things which can be recycled.

Learning Objectives:

1. To develop the observation skills by observing the surroundings keenly.
2. To develop a scientific attitude by giving them an atmosphere of freedom to learn by doing activities.
3. To develop a positive attitude towards the studies.

Suggestions to the Parents:

1. Parents should encourage the child to perform all the activities that can be done at home.
2. They should help them to collect the information and material for different activities.
3. Encourage the child to watch educational programmes on T.V.

SOCIAL STUDIES

Text Book: My Big Book of Social Studies - 4 (Ratna Sagar)

Term	Lesson/ Topic	Sub-Topic	Activity/ Manual	Material Required
Term-I April to Sept	1. I Love My India	Introduction to physical divisions and location of states	Political division of Indian states and Union Territories	Map of India
	2. The Northern Mountains	Himalayas, Karakoram Mountains, Life in the region- Jammu and Kashmir, Himachal Pradesh, Uttarakhand and Sikkim; Purvachal hill ranges and Life in the region- Arunachal Pradesh, Nagaland, Manipur, Mizoram, Tripura and Meghalaya	Collect information about the people who scaled Mt. Everest with their pictures	Map of India
	3. The Northern and Coastal Plains	Northern Plains- Ganga river basin, Satluj river basin and Brahmaputra river basin. Eastern and Western Coastal Plains, Life in the region of Gujarat, Goa, Kerala, Tamil Nadu, Andhra Pradesh and Odisha	Mark the Northern Plains and the Coastal Plains	Map of India

	4. The Western Desert	Thar Desert- Land, Climate, Natural Vegetation , Water Supply , Occupation , Houses, Lifestyle and major cities	Mark the desert region on the map	Map of India
	6. Our Climate	Weather, Climate and Seasons in India.	Collect pictures related to different seasons of India	Pictures of Seasons.
	8. Our Agriculture	Types of Crops, Agricultural Production, Horticulture, Livestock rearing and Fishing	Collect pictures of different types of food and cash crops	Pictures of various crops
	14. Our Mineral resources	Metallic and Non - metallic minerals	Find out the places of India which are rich in minerals	Atlas
	17. Our Rich Culture	Languages , Dresses, Dances, Music, Monuments, Paintings and Festivals	Paste pictures of dresses, dances, monuments, festivals and food	
Term -II Oct to March	5. The Southern Plateaus and the Islands	Central Highlands and Deccan Plateau and Life in the region. Andaman and Nicobar Islands and Lakshadweep Island.	MS Dhoni is from Ranchi, Jharkhand. Find five interesting facts about him	
	18. Rights and Duties	Fundamental rights, Fundamental duties and Directive Principles	Make a list of rights and duties for the citizens of India.	A4 size sheet.
	7. Our soils	Formation of soil , Types of soil , Soil erosion and Conservation	Make a chart of various types of soils	Collect different types of soils
	12. Our Forest	Importance of forests , Types of forests, Save the forests and wildlife	Mark & label National Parks	Map of India
	9. Our Industries	Small scale industries, Cottage industries and Large scale industries	Locate and label the major industrial centres	Map of India
	19. Local Self Government in cities	Members and composition of Municipal Committee or Corporation	Differentiate between Municipal Committee and Village Panchayat	
	15. Emperor Akbar	Emperor Akbar as a ruler, conqueror and builder	Collect pictures of monuments built by Akbar	Pictures of monuments
	16. The Age of Exploration	Bartholomew Diaz, Christopher Columbus, Vasco Da Gama, Ferdinand Magellan and instruments used by sailors	Collect pictures of the sailors given in the lesson	Pictures of sailors

Learning Objectives:

1. To stimulate child's interest in the country and the surroundings he lives in and to make him understand the rich culture and heritage of the country.
2. To make him aware of the great leaders who have contributed to the country's glorious past.
3. To educate the child about the unique features that inspite of diversity there is unity in the country.
4. To lead the students to think and use their imaginative and communicative skills.

Evaluation:

Evaluation to be done on the basis of terms & project work.

Suggestions to the Parents:

1. To encourage their ward to watch programmes on Geographic channel.
2. The parents should encourage their wards to read newspapers, magazines, encyclopedia and atlas.
3. They should also answer the child's queries in an objective and positive manner.

ਪੰਜਾਬੀ**ਪਾਠ-ਪੁਸਤਕ-(1) ਪੰਜਾਬੀ ਪਾਠਮਾਲਾ-2**

		ਪਾਠ-ਪੁਸਤਕ	ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ -2
ਤਮਾਹੀ	ਅਪ੍ਰੈਲ - ਸਤੰਬਰ	ਪਾਠ-2 (ਬਿਜਲੀ ਦੀ ਬੱਚਤ) ਪਾਠ-3 (ਕਮਲੀ ਦਾ ਗੀਤ) ਪਾਠ-4 (ਟੁਕਟੁਕ ਕਬੂਤਰ) ਪਾਠ-5 (ਜੰਕ ਫੂਡ ਨੂੰ ਦੂਰ ਭਜਾਓ) ਪਾਠ-6 (ਸਮਝਦਾਰ ਖਰਗੋਸ਼) ਪਾਠ-7 (ਸਿੰਠੂ ਦਾ ਸਬਕ)	ਵਿਆਕਰਨ ਗਿਣਤੀ (26-50) ਦੇਸੀ ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ ਗਿਣਤੀ (51-75)
ਛਮਾਹੀ	ਅਕਤੂਬਰ - ਮਾਰਚ	ਪਾਠ-8 (ਦੀਵਾਲੀ-ਇੱਕ ਪ੍ਰਣ) ਪਾਠ-9 (ਭਾਰਤ ਦਾ ਦਿਲ -ਦਿੱਲੀ) ਪਾਠ-10 (ਕੌੜੇ ਬੋਲ ਨਾਂ ਬੋਲੀਏ) ਪਾਠ-11 (ਘੜੀ) ਪਾਠ-12 (ਦੁਸ਼ਮਣ ਦੀ ਸਿੱਖਿਆ) ਪਾਠ-13 (ਕਾਸ਼ !ਸੈਂ ਪੰਛੀ ਹੁੰਦੀ)	ਅਣਡਿੱਠਾ ਪੈਰੂ ਗਿਣਤੀ (76 - 100) ਲੇਖ -ਮੇਰਾ ਅਧਿਆਪਕ

ਸਿਖਾਉਣ ਦਾ ਮੰਤਵ : 1. ਭਾਸ਼ਾ ਦੇ ਪ੍ਰਤੀ ਜਾਗਰੂਕ ਕਰਨਾ ।

2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ ਕਰਨਾ।

3. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸ਼ੁੱਧ ਪੰਜਾਬੀ ਪੜ੍ਹਨਾ ਤੇ ਲਿਖਣਾ ਸਿਖਾਉਣਾ।

General Knowledge IV

Textbook: Wisdom Tree- IV

Term	Topic	Page	Activity
<p align="center">Term- I April to Sept</p>	<p>Unit 1: (Beautiful Nature) Plant-O-Facts, Plant Habitats,Spicy Flavours, That's Mine!,Animal Facts,Fish In The Water,Sow The Seeds, Meet The Mammals. Unit -2 (Sports and Entertainment) : Stars Of The Games, Terms And Trophies, Famous Instrumentalists,Our Young Sports Achievers,Board Games,On The Track, Art Gallery. Unit -3 (Our Motherland) : Important Days In India, Nobel Prize Winners, Knowing About The Himalayas,Famous Indians, Gardens Of India,Great Reformers. Unit -4 (Words And Books): Fun With Idioms, Books And Authors,Sound Words,Poems And Poets,Collections.</p>	<p>6,7,8,9,10,11,12,13, 15, 16, 17, 18, 19, 20, 21, 23, 24, 25, 26, 27, 28,29,31,32,33, 34, 35</p>	<p>*Chart on Seed Germination. * Quiz on famous gardens of India. * Write poem on nature.</p>
<p align="center">Term -II Oct to Mar</p>	<p>Unit-5 (Go Global) : Women Achievers,Famous Explorers,Continents,CountriesAnd Oceans , More About The World, World's Rivers,Ten Tallest Buildings. Unit - 6 (Life Skills & Values) : Good Words,Respect Your Belongings,Changes With The Time,Quotes On Values. Unit -7 (Science & Technology): The World Of Computers,The Sun And Its Family,Diseases,Human Body Systems,Branches Of Science,Medical Inventions,Scientific Instruments. Unit - 8 (Logical Reasoning): Think Logically,Mind Twisters,Mathemagic, Figure Sharp, Brain Teasers.</p>	<p>37,38,39,40,41,42,43,45,46,47,48, 50,51,52,53,54,55,56,58,59,60,61, 62,63,64.</p>	<p>* Collect information on continents and oceans and paste pictures on scrapbook. * Role play on how to use good words in your conversation. *PPT on communicable and non communicable diseases.</p>

Learning Objectives:

1. To make the children aware of their surroundings and things happening around in the country as well as in the rest of the world.
2. To help the children to be more observant.
3. To widen the mental horizon of the children.

Suggestions to the Parents:

1. Parents should encourage the child to listen to the news.
2. The child should be encouraged to read the newspaper.

Evaluations:

Evaluation will be done on the basis of regular tests & activity work.

SUBJECT: SUPW (CRAFT)

Term	Activities
Term- I April to Sept	Lamp Shade, Paper Quilling butterfly
Term -II Oct to March	Tree

ART BOOK

Term	Pages
Term- I April to Sept	Page No- 3, 4,5, 6,7, 8, 10, 11, 12, 13, 14, 16
Term -II Oct to March	Page No- 20, 21, 22, 23, 24, 26, 33, 35

SKETCH WORK

Term	Activities
Term- I April to Sept	Poster on save earth, Garden Scene, Fruit Still Life
Term -II Oct to March	Landscape, Fun with numbers

Suggestions to the parents:

1. The parents should help the child to observe new things and try to make them draw in their files.
2. The child should be left free to draw anything and in any medium whether it is crayons or water colours

MORAL SCIENCE**Text Book: Vision Values for Lifes - 4**

Term	Topic	Activity
Term - I April to Sept	<ul style="list-style-type: none">•The Giant's Garden•The Mule's Lesson•A Great Humble Man•Braveheart•Tina's Camping Trip•I Want the Robot	<ul style="list-style-type: none">•Uses of Car pool• Riddle Time•Making Recycled Paper (Paper Meche Work)
Term -II Oct to March	<ul style="list-style-type: none">•The Bullock Cart•The Doves and the Hunter•Eklavya	<ul style="list-style-type: none">• Worksheet on word ladder• Collage on Unity• To make model of Justice

	<ul style="list-style-type: none"> ●The Farmer and the Well ●Qutb Minar ●Different Yet United 	<ul style="list-style-type: none"> ● Collage on monuments of India ● To learn National Anthem of India by Heart
--	--	---

Learning Objectives:

1. To help the children to discover themselves.
2. To provide thought provoking activities that help learners imbibe human values.
3. To facilitate self development through suggested reading, writing, speaking & listening activities.

Evaluation: Evaluation will be done on the basis of :

2. Interest in activities.
3. Skill of handling situation & things.
4. To observe things around him.

Suggestion to the Parents:

1. Make your child read some moral based story books.
2. Help the child in collecting data & activity material.
3. Tell the child to imbibe good moral values from day-to-day activities.

PHYSICAL EDUCATION

If you watch a game, it's Fun.

If you play it, it's recreation.

If you work at it, it's God.

Term	Activity
Term- I April to Sept	Free Movements and Commands Free Movements - ● Physical Fitness Exercise ● Swinging ● Bending ● Twisting ● Turning ● Stretching of different body parts Locomotors Movements- ● Running ● Jumping ● Hopping ● Skipping ● Rolling Combination of their movements Commands- ● Line up ● Attention ● Stand at ease ● Stand easy ● As you were ● Nutritive and Balanced diet ● Role of diet on performance of Sports Person Activities - ● Athletic ● Carrom ● Chess ● Swimming * Yoga- ● Samasthith ● Shavasana ● Makarasana
Term -II Oct to March	Lead up Games ● Football ● Kho- Kho ● Basketball ● Yoga Circuit Training - ● Forward Role ● Back Role ● Cart wheel Activities- ● Badminton ● Basketball ● Cricket Yoga - ● Navasana ● Padmasana ● Salabhasana ● Passing the Ball ● Hop and Run ● Passing the ball Zig Zag Relays Activities - ● Table Tennis ● Skating Yoga- ● Upavesasana ● Utkatasana ● Vrksasana

Learning Objectives:

1. The prescribed course is designed to teach the children the basic knowledge of physical education.
2. The students should try to keep themselves physically fit and there should be awareness about their health and nutrition.

Suggestion to the Parents:

1. Children must be encouraged to go for a morning walk regularly.
2. Children should be allowed to play for atleast one hour in the evening.
3. Children must do exercises everyday.

COMPUTER**Text Book: IT Tools 16 -4 (Kips Publication)**

Term	Topic	Contents	Practical / Assignment
Term – I April to Sept	1. Input, Output and storage Devices	Input and Output and storage devices	Lab Activity related to topic
	2. Managing File sand Folders	Starting windows and features	
	3. More about Tux Paint	TUX paint toolbar	
	4. More on Microsoft Word 2016		
	5. Working with styles and objects	Editing in MS-Word	
Term -II Oct to March	6. More about Scratch		Project based on Power point(slide show) Lab Activity related to topic
	7. Microsoft PowerPoint	Features of PowerPoint	
	8. Working with slides		
	9. Internet	Intro to Internet and its uses.	

Assessment: Regular assignments should be given related to the syllabus.

MUSIC

Term	Topics
Term – I April to Sept	● Introduction about music ● Ability to sing Alankaars one, two, three, four and five on harmonium ● Prayer song ● School song ● ● Patriotic song on 15th August ● Preparation of 15th August and other functions
Term -II Oct to March	● English prayer song ● Chrsitmas Carol ● Patriotic Song ● Folk Song ● Hindi prayer song ● Shabad ● Alankar 1-5

Learning Objectives:

1. To help them gain knowledge about Indian culture through Indian Classical Music.
2. To enable the student to learn by observing.
3. To provide opportunities to the students to explore.

DANCE

Term	Topics
Term - I April to Sept	•Ganesh Aradhna •Shiv Stuti •Patriotic dance • Angikam • Hoola Hoop • Bhangra
Term-II Oct to March	•Folk Dance-Haryanvi, Rajasthani

Learning Objectives:

1. To enable them to dance on full song.
2. To help them to identify different classical dances.
3. To make them accurate in free style dancing.

MEAL PLANNING

Term	Topics
Term - I April to Sept	1. Macaroni salad 2. Sprouted salad
Term -II Oct to March	1. Balanced salad 2. Fruit Cream

Learning Objectives:

- To enable the students to learn by doing and observing.
- To enable the students to perform simple kitchen activities on his/her own.